

torture and resilience sometimes pdf

International). We noticed that among the psychotherapists working with torture survivors, some made specific reference to the inspiration and strength they drew from working with clients whom they sometimes described as "heroes." We developed an interest in integrating vicarious learning and resilience in theory and practice by

Vicarious Resilience: A New Concept in Work With Those Who

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Resilience and protective factors | HealTorture.org

who serve torture survivors 2. Define vicarious resilience according to the research and identify at least three factors that empower and promote the well-being of trauma professionals 3. Describe key components of a self-care plan

Serving Survivors of Torture: Attending to Vicarious

Resilience is often described as an individual attribute, but emerging research suggests that con - ... sometimes resettling in countries such as Canada, which accepts more than 30,000 refugees each year through sponsorship ... torture, and sexual violence. Much of the existing health research suggests that refugee populations are at an

Defining Resiliency, Constructing Equity - Wellesley Institute

Working with Refugee Communities to Build Collective Resilience 7 The following information is intended to guide and inform practitioners and community members about working with refugee communities to build collective resilience. It is based on a research project

Working with Refugee Communities to Build Collective

learned through my work with victims of torture that we can do a lot to care and advocate for them. The challenges of such work are matched by tremendous rewards; survivors of torture can teach us a great deal about courage and resilience. Torture can have devastating consequences on the victim's physical, mental, and social wellbeing.

Caring and advocating for victims of torture MEDICINE AND

TORTURE Volume 28, Number 3, 2018 104 Abstract ... and may sometimes be experienced as more stressful than potentially traumatic events (Wells, Wells, et al., 2016), and are associated with mental health problems ... resilience factors affecting the psychological well-

Addressing occupational stress among health staff in non

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Sequelae of Political Torture: Narratives of Trauma and

Part 1: Overview of Political Torture Today (31 minutes) This Telly award-winning video overview includes the legal definition of torture, how torture is practiced and why, the highest risk population, aftereffects, assessment and treatment options and the history of the torture rehabilitation movement.

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